

ROMAJI DISASTER RECOVERY CHECKLIST

RECOVERY GUIDE

No matter who you are, you may find yourself unintentionally traveling down romaji lane. Eventually, you'll hit a dead end. There're two outcomes for this.

1. You realize you've been sucked into the "Romaji Disaster" and turn around. You've got a long uphill hike ahead of you.
2. You sit there and never progress further because the path is blocked. You accept that it's okay because there's other victims you've made friends with.

No matter which of the two you are, this list can help you get out the romaji vortex and onto the less-traveled path to language freedom.

Benefits of escaping the vortex:

- Higher language proficiency
- Ability to connect and grow a larger and higher quality network.
- Studies show that being able to think and communication in more than one language has positive effects on brain development, memory retention, and social skills. That's just a short list.
- It may even change the way you view the world because words are perceived differently in other languages. *Lifestyle changes that lead to a greater understanding of the world are good.* *

Cons:

- It's hard as ****. You've got to push and hold yourself accountable.
- You have to pace yourself because there's a limit to how much you can learn and retain in one sitting.
- Doubt and laziness can easily creep in.

Are you ready to challenge and pull yourself out of the rut? [See the recovery checklist below.](#)
[It's printable!](#)

ROMAJI DISASTER RECOVERY CHECKLIST

THE CHECKLIST

- Take a deep breath and step back to assess your language skills.
- Make a quick three item list of how, when, and where you use romaji.

❖ I use romaji: _____

❖ I use romaji: _____

❖ I use romaji: _____

- Sign below. (This is part of the self-accountability)
 - I vow to only use Kana and Kanji moving forward.

Your signature: _____

- Check here once you have learned all the Kana.
- Do you feel confident reading Kana? Yes? That's awesome! Check this.
- Jump into the Kanji learning bucket list: Don't forget grammar.
 - Learn 50 basic Kanji.
 - Learn 150 basic Kanji.
 - Learn 500 Kanji.
 - Reward yourself. You're now more skilled than most learners. Congrats!
- Jump into grammar because knowing Kanji is useless without it.
 - Learn, understand and use the basic structure and grammar.
 - Study the essentials to whichever level you're comfortable with.
 - Going for Advanced? Jump in once you're good with using intermediate.
- Assess yourself.
 - ❖ Did you do all of that and still default to romaji? No? Awesome!
 - ❖ Go make some friends, in Japanese!

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BREAKING THE STREAK: OVERCOMING FAILURE

Did you do all of the above and still fail?

It's okay. Everyone makes mistakes. The difference is if you own them. Whether you like it or not, a time comes in everyone's lives when they have to own their mistakes and move on. It's part of the human experience.

If you still automatically default to romaji, see step one and two. Take the time to pinpoint how, when, and where you tend to use it. What can you do to stop or change that? List some strategic actions plans below. *Implement them.*

Example:

I use romaji: Because my computer doesn't have a Japanese keyboard.

Solution: Activate the Japanese keyboard function by Friday night.

- ❖ I use romaji: _____
 - Solution: _____
- ❖ I use romaji: _____
 - Solution: _____
- ❖ I use romaji: _____
 - Solution: _____

Take Initiative! Language Freedom is closer than you think.

Did you enjoy this guide? Make sure to share it with your fellow language enthusiasts or opt-into our newsletter at FromCrystalWithHeart.com.

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-Crystal